

## SEGUNDA LINGUA ESTRANXEIRA: INGLÉS

Read the instructions to the questions very carefully and write all your answers in English. Answer **ONLY 4 OF THE 6 QUESTIONS BELOW**. If you answer more than four questions, **only the first four will be marked**.

### QUESTION 1. READ TEXT A AND ANSWER THE THREE QUESTIONS BELOW: (2.5 points)

- 1.1. Write a summary of the text in English, including the most important points, using your own words. (Approximately 50 words; 0.75 points).
- 1.2. Indicate whether the following statements are true or false (T/F) according to the text. Copy that part (and ONLY that part) of the text which justifies your answer. (1 point)
  - a. Healthy food is more accessible to older people than to millennials because of the cost.
  - b. People assume that millennials do everything they can to keep healthy.
  - c. Young people eat several times during the day so as not to be hungry at dinner time.
  - d. Drinking alcohol instead of eating will make you thinner.
- 1.3. Find words or phrases in the text that correspond in meaning to the words and definitions given here. (0.75 points)
 

a. spending money freely	b. worried	c. heavy drinking
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### TEXT A

We all assume millennials are obsessed with avocados and oats. But research suggests that they may not be splashing out on healthy brunches as much as we think - because they are concerned that the food is too expensive. Despite the stereotype that they are a health-conscious generation, 25-34 year-olds are more likely than any other age group to say that they struggle to eat healthily because the food costs too much.

The survey, carried out by an insurance company, found that more than three quarters of young people were interested in eating more healthily but found themselves unable to afford the food.

Women were slightly more likely than men to say it was a problem, with almost 80 per cent stating that they struggled to afford healthy food, compared to 75 per cent of men. Among those aged over 55 the proportion was just 54 per cent. Dr. Wright, the organisation's medical director, said the data "goes against the view that this is a generation who are juicing, detoxing and taking up all the latest healthy eating plans."

Young people also said they starved themselves during the day to "save up" calories for a big night out. The majority of young women also said they were concerned they did not have a "healthy relationship" with food. Most millennials also said they had put themselves on a diet to lose weight in the past.

Dr. Wright said: "Starving oneself can also lead to bingeing alcohol and overeating, which could mean, ironically, that people take in more calories than through eating regular sensible meals".

"And if a big night out involves alcoholic drinks, this could mean people are swapping foods with a range of useful nutrients for 'empty calories' from alcohol with little nutritional value."

Figures released by Cancer Research UK suggested that millennials were set to be the most overweight generation since records began.

### QUESTION 2. ANSWER THE TWO BLOCKS OF QUESTIONS: (2.5 points)

#### 2.1. Block 1. Pronunciation: (0.90 points)

- a. In which word is the vowel sound different from the rest? weight, wait, bale, latter
- b. In which **two** words is the consonant "l" **NOT** silent? salmon, yolk, gamble, talk, almond, could, folk, pal
- c. Which **two** words contain the same vowel sound /ʌ/ as in "cut"? university, come, rude, though, country, unit, butcher, put
- d. In which word are the underlined letters pronounced differently from the others? splashing, brunches, conscious, nutrition

#### 2.2. Block 2. Complete the second sentence of each pair so that it has the same meaning as the first one. You must use the word or expression in italics. (1.60 points)

- a. Many people often have a problem with food.  
*...likely...*
- b. If you do more sport, you will feel better.  
*The more.....*
- c. They should have carried out that research earlier.  
*That.....*
- d. Young people were interested in eating more healthily but found themselves unable to afford the food.  
*While...*

**QUESTION 3. READ TEXT B AND ANSWER THE THREE QUESTIONS BELOW: (2.5 points)**

- 3.1. Write a summary of the text in English, including the most important points, using your own words.** (approximately 50 words; **0.75 points**).
- 3.2. Indicate whether the following statements are true or false (T/F) according to the text.** Copy that part (and ONLY that part) of the text which justifies your answer. (**1 point**)
- The pope thinks that one should never hit one's own child.
  - According to the pope humiliating the child is not the purpose of punishment.
  - Punishment has been frequently used by family members throughout history.
  - We should see the pope as someone unpretentious and understandable.
- 3.3. Find words or phrases in the text that correspond in meaning to the words and definitions given here: (0.75 points)**
- a. function, task      b. degrade, embarrass      c. shows, exposes

**TEXT B**

Pope Francis told parents it is OK to spank their children to discipline them, as long as their dignity is maintained. Francis made the remarks this week during his weekly general audience, which was devoted to the role of fathers (as opposed to that of mothers) in the family. Francis summarised the qualities of a good father: one who forgives but is able to "correct with firmness" while not intimidating the child.

"One time, I heard a father in a meeting with married couples say 'I sometimes have to smack my children a bit, but never in the face so as to not humiliate them'," Francis said. "How beautiful." he added. "He knows the sense of dignity! He has to punish them but does it justly and moves on."

The Rev. Thomas Rosica, who collaborates with the Vatican press office, said the pope was obviously not speaking about committing violence or cruelty against a child but rather about "helping someone to grow and mature".

"Who has not disciplined their child or been disciplined by parents when we were growing up?" Rosica said in an email. "Simply watch Pope Francis when he is with children and let the images and gestures speak for themselves. To imply anything else reveals a problem for those who don't seem to understand a pope who has carried out a revolution of normality of simple speech and plain gesture."

**QUESTION 4. ANSWER THE TWO BLOCKS OF QUESTIONS: (2.5 points)**

**4.1. Block 1. Pronunciation: (0.90 points)**

- In which word are the underlined letters pronounced differently? steel, previously, healthcare, believe
- In which **two** words is the stress on the first syllable as in "Italy"? degrees, graduate, attraction, impressed, confident, recorded, destruction, amount
- In which word are the underlined letters pronounced /əʊ /as in "pope"? couple, rotten, wrote, dozen
- In which **two** words is the ending "-ed" pronounced /d/ as in "applied"? reached, played, trapped, showed, accumulated, booked, washed, interrupted

**4.2. Block 1: Complete the second sentence of each pair so that it has the same meaning as the first one. You must use the word or expression in italics. (1.60 points)**

- This is definitely a film worth watching on a stormy night.  
... *ought*...
- A fashion designer can make a dress for you.  
... *get*...
- People say this restaurant has the best desserts.  
*This restaurant*...
- The teacher asked: "Do you agree with Pope Francis' opinion?"  
*She asked*...

**QUESTION 5. WRITE A COMPOSITION ANSWERING THIS QUESTION: Do you eat healthily? (Approximately 120 words) (2.5 points)**

**QUESTION 6. WRITE A COMPOSITION ANSWERING THIS QUESTION: Can violence ever be a solution to a problem? (Approximately 120 words) (2.5 points)**